



kitchen a New England seafood tradition... starting with breakfast!

eggstasy omelettes

Made with three large, fresh eggs & includes your choice of White or Whole Wheat toast \$4.99

Upgrade to Raisin, Rye, Multi-grain, English Muffin \$.75 extra Portuguese Muffin or Gluten Free \$1.25 extra

Build your own...

Protein: Bacon, Sausage, or Ham \$1.99 Chourico, Turkey Sausage, Canadian Bacon, or Jalapeño Bacon \$3.09 Grilled Corned Beef Hash or Hot Italian Sausage \$3.59 Pastrami Smoked Salmon or Crab \$4.99 3oz Filet Mignon or Lobster \$6.99

Veggies: Mushrooms, Tomatoes, Onions, Red Onions, Peppers, Roasted Red Peppers, Capers or Jalapéno Peppers \$1.09 each Spinach or Broccoli \$1.59 each Asparagus, Avocado, or Artichoke Hearts \$2.99 each

Cheese: American or Cream Cheese \$1.09

Cheddar, Jalapeño, Swiss, Feta, Gorgonzola, Goat or Queso Fresco \$1.59

Extras: Sour Cream or Herbs \$1.00 Our homemade Salsa or Hollandaise Sauce \$1.99

Mimosa

Some of our favorite omelettes...

Asparagus & Fresh Crab Omelet with our own Hollandaise Sauce \$14.99

Grilled Corned Beef Hash Omelet with Sour Cream, Onions, & Jalapeño Cheese \$12.99

Rueben Omelet Corned Beef, Sauerkraut, Thousand Island Dressing, & Swiss Cheese with Rye Toast \$11.99

Kitchen Little Sinker Omelet Everything but the kitchen little sink! Bacon, American Cheese, Mushrooms, Peppers, Onions, Home Fries & Sour Cream \$12.99

Heart Healthy Omelet Our own low cholesterol egg mix with Herbs, Baby Spinach, Tomatoes, Peppers, Onions, & Mushrooms with dry Multi-grain Toast \$10.99



#17 Lobster Benedict, poached eggs...oh yeah!

basically tasty

One egg, any style \$1.59

One egg, any style, served with White or Whole Wheat toast \$2.59

Two eggs, any style, served with White or Whole Wheat toast \$3.99

Low cholesterol eggs...Our own blend of one fresh egg plus three egg whites mixed together & served with Multigrain toast \$4.99

Biscuits and Sausage Gravy \$4.99 Sausage Gravy \$3.99

Pierogies with a side of sour cream \$3.99

Egg & Cheese on a Roll \$3.99 Bacon, Sausage, or Ham \$5.99 Chourico, Canadian Bacon, Jalapeño Bacon, or Turkey Sausage \$6.99

pork heaven

Bacon or Sausage \$2.59

Hot Italian Sausage, Jalapeño Bacon or Turkey Sausage \$3.09

Chourico, Canadian Bacon, or Grilled Corned Beef Hash \$3.99

carbohydrate citv

Buttermilk Pancakes Three light and fluffy topped with butter, cinnamon, & sugar \$5.99 Short stack \$4.99 Add blueberries, strawberries, bananas, chocolate chips or walnuts \$1.99

Waffle \$5.99 Waffle with fruit and whipped cream \$7.99

Maple Syrup Grade A 100% maple syrup \$2.29

French Toast White or Whole Wheat \$3.99 Cinnamon Raisin or Gluten Free French Toast \$4.99 Cinna-Bun French Toast with cream cheese drizzle \$6.99

Homefries Red Potato \$1.99 with Hollandaise Sauce \$3.59 with American cheese \$2.99 with onions \$2.99 with All The Above \$5.29

Toast White or Whole Wheat \$1.09

Raisin, Rye, Multi-grain or English Muffin \$1.59

Portuguese Muffin or Gluten Free \$2.59

Grilled Blueberry Muffin Baked in our little kitchen! \$2.59

Cinna-Bun with cream cheese drizzle \$4.99

Plain Bagel \$1.99 with cream cheese \$2.59

Pastrami Smoked Salmon tomato, red onion, capers, & cream cheese with a bagel \$13.99

Granola with milk \$4.99 with yogurt \$5.99 with seasonal fruit & yogurt \$7.99

Seasonal fruit \$3.59

wet your whistle

Coffee... Omar brand coffee freshly ground & brewed. We grind fresh for every pot! Free refill too! \$2.59

Tea or Herb Tea \$2.59

Hot Chocolate with whipped cream \$2.59

Apple, Orange, Cranberry, or V-8 Juice \$2.59 Apple Juice Box \$1.99

Milk \$1.75 Chocolate Milk \$2.50

Iced Coffee \$3.00 Unsweetened Iced Tea \$3.00

Soft Drinks... Cola, Diet Cola, Seltzer, 7UP, Lemonade, or Gatorade \$2.00

Smoothie... Strawberry or Mango \$5.99

Mimosa \$8.59

the unusual

USUALS order by the number :) *Half Orders also available!

Two eggs scrambled fluffy with cheese served with an English muffin \$5.99 Add fresh herbs \$.59

S'medley: One of our breakfast originals. Two fluffy scrambled eggs atop a medley of homefries, breakfast sausage, fresh mushrooms & onions, all smothered with melted

American cheese, served with white or whole wheat toast \$10.99

Two eggs, any style, served with fresh grilled biscuits with sausage & gravy & homefries \$8.99

Two fried eggs beneath diced bacon, fresh mushrooms & melted cheese, served with raisin toast \$8.99

Two eggs, any style, 6oz Filet Mignon, & homefries, served with white or whole wheat toast \$17.99

Pancake Sandwich: two eggs "over easy," cheese, & your choice of ham, bacon, jalapeño bacon, sausage, or turkey sausage, nestled between two buttermilk pancakes \$9.99

Heart Healthy Scramble: our own low cholesterol eggs mix: herbs, fresh baby spinach, tomatoes, onions, peppers, & mushrooms, served with dry multi-grain toast \$10.99

Sautéed Veggie Plate: Broccoli, 1/2 spinach, tomatoes, mushrooms, onions & peppers \$8.99

Fresh broccoli, mushrooms, & cheddar cheese scrambled together with two fresh eggs, served with toasted rye bread \$8.99

Two scrambled eggs with gooey melted cream cheese served with raisin toast \$6.99

The Mystic Melt: fresh crab and melt-in-your-mouth cream cheese scrambled with two eggs, served with raisin toast \$11.99

3 Street Tacos: Scrambled eggs with your choice of bacon, jalapeño bacon, sausage, turkey sausage or chourico with peppers, onions, cilantro, poblano aoili and queso fresco cheese or go all veggies 11.99

Fresh baby spinach, mushrooms, & gooey melted cream cheese, scrambled with two eggs, then smothered with American cheese, served with whole wheat toast \$9.99 Add fresh crab \$13.99

Two scrambled eggs with spicy jalapeño cheese atop grilled corned beef hash, served with rve toast \$10.99

The Portuguese Fisherman: spicy hot chourico and linguica from Fall River, scrambled together with two eggs, peppers, onions, & jalapeño cheese in a lightly spiced sauce, served with a Portuguese muffin \$10.99

Mexican Baked Eggs: Two eggs any style in a crock atop an English muffin topped with jalapeño cheese, our own salsa, sour cream, & avocado with tortilla chips \$9.99

Two scrambled eggs with Canadian bacon, onions, • & peppers with a hint of garlic, smothered with cheddar cheese, all atop red potatoes, served with rye toast \$10.99

Breakfast Burrito: 1/2 Two scrambled eggs, choice of bacon or sausage, peppers, onions, & jalapeño cheese wrapped in a flour tortilla with our own salsa & sour cream \$10.99

our famous benedicts

Eggs Benedict: Two poached eggs with Canadian bacon on an English muffin crowned

with our own Hollandaise sauce \$10.99

Fresh asparagus, fresh crab, & two poached eggs layered atop a toasted English muffin & crowned with our own Hollandaise Sauce \$15.99

Avocado & Tomato Benedict: Two poached eggs, one half fresh avocado, sliced fresh tomato on an English muffin, crowned

with our own Hollandaise Sauce \$13.99 Portuguese Benedict:

chourico patties on a Two poached eggs, spicy Portuguese muffin, crowned with our own salsa Hollandaise Sauce \$13.99

> Fresh Lobster Benedict: Two poached eggs, fresh tail & claw lobster crowned with

our own Hollandaise Sauce \$20.99

1/2 Filet Mignon Benedict: Two poached eggs, 6oz Filet Mignon on an English muffin, crowned with our

own Hollandaise sauce & roasted red peppers \$18.99

> Surf and Turf Benedict: One side fresh lobster, one • side Filet Mignon \$19.99

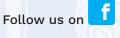
1/₂ Pastrami Smoked Benedict: red onion & poached eggs atop a bagel covered with capered Hollandaise sauce

Featured in:

The Food Network Magazine **Gourmet Magazine Yankee Magazine Connecticut Magazine**

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www.kitchenlittle.org



Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

